



## NCCP Rookie Rugby FAQs

### 1. What is NCCP Rookie Rugby training?

NCCP Rookie Rugby training is a 4-hour in-person course designed to teach people how to introduce fundamental movement skills through the game of rugby in a non-contact, safe and fun environment.

### 2. Who is NCCP Rookie Rugby training for?

NCCP Rookie Rugby is for coaches of under-12 or non-contact rugby programs.

### 3. What does NCCP mean?

The National Coaching Certification Program (NCCP) is a partnership between the Coaching Association of Canada, multi-sport service organizations and more than 60 national sport organizations across the country, including Rugby Canada. The NCCP sets the minimum standard of coaching competencies needed for each context of coaching (ex: Community, Competition, High Performance). Having this program recognized as part of the NCCP means that we meet those standards. For more information, please visit [coach.ca](http://coach.ca)

### 4. Do I get a certificate? How is NCCP Rookie Rugby training tracked?

There are no certificates issued after the training, but there will be a record of the training on your transcript on “The Locker” (see more information on the transcript below). Your status will be updated to “Trained” NCCP Rookie Rugby once this training and the NCCP Make Ethical Decisions training are complete and recorded.

### 5. What is “The Locker”?

[“The Locker”](#) is the online database of NCCP training across sport, across Canada.

#### HEAD OFFICE

Victoria Office / Bureau de Victoria  
3024 Rue Glen Lake Road  
Langford, BC CANADA V9B 4B4  
Tel / Tél: 250 418 8998  
Fax / Téléc: 250 386 3810

Vancouver Office / Bureau de Vancouver  
Suite 450 - 375 Water Street  
Vancouver, BC CANADA V6B 5C6  
Tel / Tel: 778-379-5770

[rugby.ca](http://rugby.ca)  
[info@rugby.ca](mailto:info@rugby.ca)





6. I've completed the Rookie Rugby Instructor training in the past. Is this the same?

No, NCCP Rookie Rugby training has changed significantly from the previous Instructor training. Should you wish to be recognized as a trained NCCP Rookie Rugby coach, you will need to participate in the NCCP training.

7. Does Rookie Rugby Instructor training still exist?

Yes, Rookie Rugby Instructor Training still exists but is reserved for teachers looking to implement Rookie Rugby into their curriculum. Should you wish to start an after-school or club Rookie Rugby program, please complete the NCCP Rookie Rugby Training.

8. Why are there pre-requisites for the NCCP training?

The World Rugby pre-requisite courses ensure that all participants arrive at the training with the same basic level of understanding about rugby and its laws. Completing these courses in advance also allows us to build on the content in person and keep the training as practical as possible.

9. Where can I complete the World Rugby (WR) pre-requisites?

The WR pre-requisite online courses can be accessed for free on the [WR Passport](#).

10. Why do I have to complete NCCP Make Ethical Decisions training?

The NCCP Make Ethical Decisions training is a cornerstone coaching competency. All coaches in Canada are required to complete this training as part of any coach education pathway. This training ensures all coaches understand the process of making ethical decisions and can provide a safer environment for all participants.

11. Where can I take NCCP Make Ethical Decisions (MED) training?

The NCCP MED is delivered by provincial/territorial multi-sport service organizations. They can be found listed by province and territory [here](#).

12. What other coach education can I access?

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Please visit [rugby.ca/hq/coachdevelopment](http://rugby.ca/hq/coachdevelopment) to view other coach education opportunities.

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13. What is the difference between the NCCP Rookie Rugby course and the NCCP Community/WR Level 1 course?

The main difference between the two courses is the addition of the contact element of rugby. Both courses address practice planning, creating safe and positive environments and the coaching process however the NCCP Community/WR Level 1 also teaches coaches how to safely introduce the contact areas of the game to new participants (tackle, ruck, scrum, lineout, maul). Coaches should consider the context of athlete they are working with when determining the most relevant course for them to take.

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